

Low Sensory Room

What is it?

A low sensory room is a room that is intentionally controlled to ensure that the sensory input levels within the room are kept to a minimum. The room is designed to have fewer people as well as reduced light and sound.

Who's it for?

This room exists to offer an alternative space for any adolescent or adult who wishes to **participate in our church services** however the sensory levels of the main auditorium are inappropriate to their needs.

This room may be of benefit to a variety of user groups including but not limited to:

- Adolescents and adults with a diagnosed disability AND their caregivers.
- Adolescents and adults with hearing impairments or any sensory sensitivities.
- Adolescents and adults with significant social anxiety.

*Note – children with such difficulties are invited to participate in our kids programs on Sundays where there is specialised support should they require it.

Use of the room on Sundays:

To ensure that the low sensory room is safe and comfortable for a variety of users, Nations Church has reserved the use of the low sensory room for particular user groups in particular services:

9am and 5pm Services:

In the 9am and 5pm services the low sensory room is available to any adolescent or adult who wishes to participate in the church service but has hearing difficulties or any sensory or social sensitivity that causes them to struggle in the environment of the main auditorium.

11am Service:

In the 11am service the low sensory room is **reserved exclusively** for the use of **adolescents and adults with a diagnosed disability AND their caregivers**.

** please note, that this system is currently under trial and may change in the future.

** Because individuals within the low sensory room are there to **participate in the church service**, we ask that an attempt is made to minimise distractions within the room where possible.

Who shouldn't use the room?

1. People who do not want to sit in the service by choice, who do not have additional needs or sensory sensitivities.
2. People who just want to hang out rather than participate in the service.
3. Parents of toddlers or children who do not wish to engage in the children's ministry or refuel program, by choice, who do not have a diagnosed disability or sensory sensitivities.
4. This room is not to be used as an overflow room for people in the main auditorium or parent's room.

Will the room be staffed?

One Nations Church volunteer will be rostered on to host the individuals within the room per service. No 1:1 volunteer care will be provided in the room. It is assumed that people requiring care will use the room, supported by their own caregiver. The Nations Church volunteer is responsible for the light and sound controls within the room.

I have questions – who should I ask?



Ebony Randall

Heroes Academy Coordinator

erandall@nationschurch.com

0419 933 640